

COUNSELOR'S CORRAL



PUBERTY LESSONS:

On May 21st, 4th and 5th graders will be watching the puberty videos. An Insider went home with a link offering an online preview window from March 4th to March 15th. There will be an alternate preview date the morning of May 10th at Deer Creek if you would rather come in to watch them. Please see the Deer Creek dates/times for the video previews noted on the Insider. If you do not wish for your child to see the puberty video or participate in the lesson, please return the non-consent form on the Insider in an envelope addressed to Counselor Cindy Sendejo by May 17th. All information is also on the Deer Creek and Counselor websites.

Classroom Guidance

In May, for classroom guidance lessons, the focus is on diversity and appreciating and respecting our uniqueness and our differences.

Exam for Acceleration:

Please see the Leander ISD website for details regarding Exam for Acceleration or call Ms. Sendejo, the school counselor, at 570-6300. All applications for summer testing are due by May 15th.



Ethical Principle: Law-Abidance/Civic Duty

May is *Law-Abidance/Civic Duty* month in Leander ISD. Discuss with your child what a community is. Explain that a community consists of many people who live in an area. Every community needs different kinds of people who do different things for each other. **Everyone's job is important and everyone has to do their share to make the community run smoothly.** Share what you do to make the community a better place and show your civic duty.

Developmental Asset: Restraint

Shaping our kids' perspectives on restraining from participating in negative behavior is an important foundation for their healthy development. How do you discourage young people from participating in certain types of behaviors? Avoid simply labeling these activities as bad. Instead, explain the consequences of these behaviors. Keep young people informed and be open to their questions. Of course, foremost be a distinguished role model to your child.

Developmental Asset: Service to Others

Ten Benefits of Serving Others:

1. Learn to respect others.
2. Gain satisfaction from helping others.
3. Learn to be helpful and kind.
4. Learn how to get along with and relate to others.
5. Learn new skills.
6. Learn to understand people who are different from you.
7. Learn how to relate to younger children.
8. Develop leadership skills.
9. Become a better person.
10. Become more patient.

