

# COUNSELOR'S CORRAL



## Classroom Guidance

In May we are focusing on *Cross-Cultural Effectiveness* for our classroom guidance lessons. The children will learn about appreciating their own cultures, as well as, respecting other cultures. We will also focus on individual likenesses and differences.

## Growing Up Lessons

Also in May, 4<sup>th</sup> and 5<sup>th</sup> graders will be learning about puberty and growing up/maturation. Parents of 4<sup>th</sup> and 5<sup>th</sup> graders, a letter regarding the *Growing Up* lessons came home in *Wednesday Folders* on April 26<sup>th</sup>.

**If you do not wish for your child to see the video or participate in the lesson, please return the non-consent form in an envelope to Cindy Sendejo, school counselor, by May 12<sup>th</sup>.**

A parent preview of the video is available. Please email [cindy.sendejo@leanderisd.org](mailto:cindy.sendejo@leanderisd.org) to sign up for previewing. The videos can be previewed on May 4<sup>th</sup> in the Conference Room. The girls' preview video will be shown at 8:00 AM sharp and the boys' video will be shown at 8:45 AM sharp. The 4<sup>th</sup> and 5<sup>th</sup> grade videos are exactly the same and are the same as last year as well.

**The actual lesson for the boys and girls will occur on May 18<sup>th</sup>.**

## Exam for Acceleration

Please see the Leander ISD website [www.leanderisd.org](http://www.leanderisd.org) for details regarding Exam for Acceleration or call Ms. Sendejo, the school counselor, at 570-6300. The deadline to sign up is May 19<sup>th</sup>.

### Ethical Principle: Law-Abidance/Civic Duty

May is *Law-Abidance/Civic Duty* month in Leander ISD. Campuses and classrooms across the district will be discussing what Law-Abidance/Civic Duty means and completing activities that promote Law-Abidance/Civic Duty. Discuss with your child what a community is. Explain that a community consists of many people who live in an area. Every community needs different kinds of people who do different things for each other. Everyone's job is important and everyone has to do their share to make the community run smoothly. Share what you do to make the community a better place and show your civic duty.

### Developmental Asset: Restraint

Shaping our kids' perspectives on restraining from participating in negative behavior is an important foundation for their healthy development. How do you discourage young people from participating in certain types of behaviors? Avoid simply labeling these activities as bad. Instead, explain the consequences of these behaviors. Keep young people informed and be open to their questions. Of course, foremost be a distinguished role model to your child.

### Developmental Asset: Service to Others

#### **Ten Benefits of Serving Others:**

1. Learn to respect others.
2. Gain satisfaction from helping others.
3. Learn to be helpful and kind.
4. Learn how to get along with and relate to others.
5. Learn new skills.
6. Learn to understand people who are different from you.
7. Learn how to relate to younger children.
8. Develop leadership skills.
9. Become a better person.
10. Become more patient.